

Refresh Soul Food

A retreat for ministry leaders & spouses

Oct 17-20, 2022	Monday	Tuesday	Wednesday	Thursday
Morning		RETREAT BONUS 9:00am – Muffins & Coffee 9:30am – Session 10:30am – Break 11:00am – Session	Retreat 9:00am – Muffins & Coffee 9:30am – Session 10:30am – Break 11:00am – Session	Retreat 9:00am – Check out 9:30am – Muffins & Coffee 10:00am – Session 12:00am – Homeward Bound
Afternoon	4:00pm - Check-in	Lunch on your own Free time	Lunch on your own Free time	
Evening	RETREAT BONUS 5:30pm - Supper <i>(cost included)</i> 7:00pm - Session	Retreat 4:00pm Check-in 5:30pm - Supper <i>(cost included)</i> 7:00pm - Session	Retreat 5:30pm – Banquet <i>(cost included)</i> 7:00pm - Session	